

# SIGN UP FOR CENTRE PROGRAMS

The NSW Fencing Centre has a range of fencing programs for people of all ages and levels of experience. Fencing is a great way to stay fit throughout the year, rain, hail or shine.

The following schedule is indicative of programs and training times on offer for 11-months of the year. In some weeks, during special events (such as a national championship), classes may not take place on days that are blocked out for the special event.

Fees are based on a 42 week “year” with the cost spread over two (semester) payments to be made at the beginning of January and July.

Payment is made through invoice from the finance officer ([financeofficer@nswfencing.org.au](mailto:financeofficer@nswfencing.org.au)). If you have any questions, please call us or contact us at [FencingCentre@NSWFencing.org.au](mailto:FencingCentre@NSWFencing.org.au)

PROGRAM	DESCRIPTION	FEE	PAYABLE
<b>Fence4Fun</b>	We work around <b>your</b> schedule and offer group training (e.g., bouting and group lessons) to fencers looking for occasional fencing practice. This 2-hour fencing session will happen once a week for fencers of all ages.	\$700 per semester + \$50 annual membership	Semester – every 6 months
<b>Beginners</b>	Athletes of all ages can try this exciting sport! Here we lay a solid foundation for each new fencer. Athletes are not only trained in the essential skills, but are also exposed to the fundamentals of tactics.	\$1000 per semester+ \$50 annual membership	Semester – every 6 months
<b>Intermediate</b>	Fencing classes for intermediate fencers. Having learnt the basics, athletes are encouraged to compete and train consistently. Promotes quick decision making, instinctive fencing, knowledge of priority and appropriate techniques.	\$1200 per semester + \$50 annual membership	Semester – every 6 months
<b>Academy</b>	This course prepares athletes for the national and international stage including Asian and World Championships. Academy participants can train at the Centre every day and benefit from numerous special services including: individual and group fencing lessons, fencing fitness and agility sessions, yoga, bout monitoring and video review of bouts, competition coaching, and NSW Fencing Centre camps. Promotes advanced tactics and techniques, self discipline, confidence, high level agility and reactivity.	This is an annual commitment requiring payment of two half yearly instalments of \$1,500	Half yearly in January and July  If two siblings or more sign up, the second sibling pays half price
<b>Visitors (club)</b>	Affiliated clubs can bring up to 10 members to train at the Centre once a week – by appointment.	\$1,000 per semester (half year)	Semester – every 6 months
<b>Visitor (fencer)</b>	This program is for fencers affiliated with a NSW club who are looking for extra bouting experience. This entitles a NSWFA member to attend one fencing session a week.	\$700 per semester	Semester – every 6 months