

NSW Fencing Association
Level 1 General Coaching Course 2018

Registration Closes: Thursday 29th March 2018

Course Dates & Times:

Saturday 31st March

Saturday 21st April

Saturday 28th April

Saturday 9th June

Saturday 30th June

Time: 2:00 – 5:00pm

Venue:

NSW Fencing Centre
Level 1, Building 2
190 Bourke Road
Alexandria

Course Fee: **\$450**

NSWFA Head Coach will conduct the course, assisted by NSWFA Coaches.

For enrolment information please contact
NSWFA State Coaching Director:
alexandra.andre70@gmail.com

The process for obtaining Level 1 Coaching qualification:

1. NSW "Working With Children Check "
2. First Aid Certificate
3. Participants must be over 16 years of age to be accredited.
4. Attend all course dates (5 x Saturdays)
5. Register on the AFF Fencing Portal (this can be done as a trainee coach & report Coaching Location)
6. 2018 NSW Fencing Association member
7. Complete Australian Sport Commission
 "Community Coaching General Principles – Beginner's"
 Free – online course
 <http://www.ausport.gov.au>
8. Perform 30 hours of practical coaching within a 12-month period.
9. Endorse the ASC Code of Ethics & Code of Behaviour, plus complete all necessary paper work for the AFF.
10. Complete written assignment and weapon specific written questions.

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Contact: alexandra.andre70@gmail.com

Registration Link:

<https://www.registernow.com.au/secure/Register.aspx?E=28909>

Information:

It's time to change the pathway for fencing coaches' education. We would like to implement something that consistently moves away from the abstract idea of learning to coaching without students interacting with the aspiring coaches. The second objective is to incorporate the basic level into the level 1 as well as including different clinics in the program.

The ultimate goal is to have a uniform and realistic product for everyone.

The program will consist of:

- A) 2 sessions of 3 hours each of learning general group work teaching during existing fencing classes.
- B) 3 sessions of 3 hours each learning individual lessons during existing fencing classes.
- C) 1 session of 3 hours where the candidate will have to run both group and individual work used as final exam.

Within the general course will be included other mini courses/clinics:

- 1) Basic Level, consisting of 1 session of 3 hours
- 2) Referee clinic, consisting of 1 session of 1 hour
- 3) Beginners coaching clinic, 3 weapons, 1 session of 3 hours (1h x weapon)
- 4) Intermediate coaching clinic, 3 weapons, 1 session of 3 hours (1h x weapon)
- 5) Advanced coaching clinic, 3 weapons, (1h x weapon)

The level 1 course will then include all the others. For example, the basic level will be done on the first session/day (A1) of the level 1 and it will also include the ref clinic. Or, the beginners coaching clinic will be done on day 1 (B1) of the individual lessons sessions.

Inside each sessions all aspiring coaches will actively interact with the present students and learn, practice and develop their coaching skills with them.