

NEW SOUTH WALES
fencing



NSWFA MEMBER BULLETIN #6

AUGUST-SEPTEMBER 2022

Passion Excellence Community



MESSAGE FROM THE PRESIDENT

Dear Community,

The first thing on my mind I would like to talk about is the Commonwealth Fencing Championships! Of course we love those 18 medals; more importantly, every one of them demonstrated great sportsmanship, team spirit and tremendous effort! We all stayed late to cheer them up and enjoyed the inspiration from London. I would like to thank coaches, not only those in London, but also coaches staying at home.



HIGHLIGHTS

- Australian Youth Circuit Results
- Commonwealth Fencing Championships Results
- Working with Children Check
- Junior Athlete Grants
- A Visit to Clubs
- Her Sport Her Way Grant
- Parafencing Program

It is absolutely a team effort to nurture a young child to an elite fencer rising to an international platform.



During my visits to some clubs in late July, I had the chance to listen to parents and clubs. There are many things we need to improve and I'd like to share with you a few things we will focus on in the next few months:

First, we are in the process of assessing a few options for a new membership and competition registration system. We aim to switch to a new system on 1 Jan 2023. We're looking to make the registration process much easier for fencers and parents.



Second, we will invite you to have your say about how to improve our website. The general direction is to be user friendly and easy to navigate. Please spare a few minutes to help to make the new website work for everyone. This is also a takeaway from our strategic communication workshop with marketing consultant Jo Scard of Fifty Acres. If you are interested in joining our marketing working group, please email: president@nswfencing.org.au



Third, we will celebrate World Fencing Day with a social media campaign. Everyone is invited to share your story of "Fencing is for life" on social media, and we have prepared a little gift for the most shared and the most liked post!



If you are an Epee fencer or an Epee coach, I strongly suggest you meet Maestro Daniele Pantoni, the Italian National Epee Coach and World Cup Gold Medalist Valerio Cuomo during their visit in Sydney in mid September. Complimentary coaching clinics for accredited coaches! For more details please refer to the poster attached.

See you around the pistes.



AYC #3 Wrap Up

Well done to all the NSW fencers who participated in the Australian Youth Circuit #3 held in Melbourne on 13-14 August. The days were filled with strong competition and smiling faces. Congratulations to all of our winners!

CONGRATULATIONS

Boys Foil

BRONZE – Eric WU NSW – Fencing Academy of NSW

Girls Foil

BRONZE – Athena FENG NSW – Fencing Academy of NSW

Boys Epee

SILVER – Richard WINDSOR NSW – Sydney University Fencing Club

BRONZE – Harry LAU NSW – Fencing Academy of NSW

Girls Epee

SILVER – Cheelyn WANG, NSW – Hills Athletic Fencing Club

Boys Sabre

SILVER – Leon YAN NSW – Hills Athletic Fencing Club

BRONZE – Jaska LEWIS NSW – Marrickville Marauders Fencing Club



AYC #3 Wrap Up

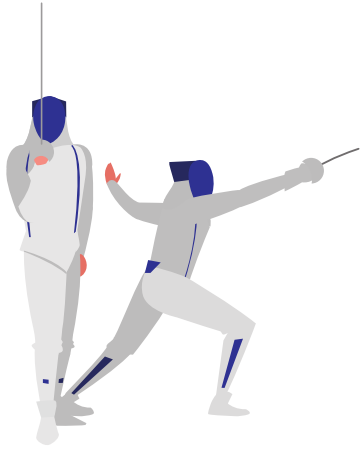


SUPER



Commonwealth Fencing Championships

The Wrap from London



Looking back on the Commonwealth Championships in London, NSW fencers can be proud of their efforts representing Australia.

In the overall medal tally, Australia finished second to the hosts England, ahead of Scotland, India and Canada.

Of the 5 individual gold medals won by Australians, NSW accounted for 4 of them.

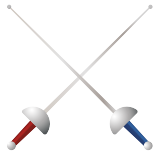
For silver, one of two and for bronze two of 5.

NSW fencers also pulled their weight in the teams events, especially in sabre where our young fencers made up the whole of the teams that won three gold and three bronze medals.

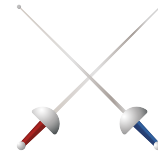
Our star performer was Veronika Vasileva who won two individual golds (Junior & Cadet) and one silver (Senior). Our women's senior sabre team (Veronika plus Gaia Hardge, Yelin Zou and Thi Nguyen) won gold for Senior Women's Sabre. Veronika, Gaia and Yelin went on to also win gold for the sabre Junior & Cadet team categories.

Our men's sabre fencers scored one individual gold (Oscar Shi in Cadets) and three team bronzes (Senior, Junior, Cadet). Well done to Oscar, Sean Andrews, Daniel Iliffe, Leo Kershaw-Kostic, Tarin Liu, Alex Lette and Poom Palakawongse.





The Wrap from London



A big 'thank you' to coach Alex Andre who guided our young sabre fencers to such outstanding success in London.

Violet Hull fenced well in the Australian team that won bronze in senior women's foil.

Among our veterans, Andrey Tyshchenko won the individual foil gold while Abby Nutt took bronzes in individual foil and epee.

Abby and Annabelle Ballard were in the gold medal winning veteran women's foil team and Abby joined Melissa Yeung in the silver medal winning epee team.

Andrey, Michael Prince and Richard Purdie won bronze medals in veteran foil teams.

Let's also acknowledge the achievements of Queensland's Jacob Crook for his individual silver in senior epee, Victoria's Georgette Sweeney for her bronze in cadet foil and Queensland's Jenny Bonney-Millett for her gold in veteran foil.

Davide Wheeler (Qld), Damian Kneale (WA) and David Chachs (Vic) won gold in veteran sabre teams.

Congratulations to all of the 35 NSW fencers, their parents and coaches who flew the flag for Australia in London. Here's a list of all of our medalists:



The Wrap from London



Bronze:

Senior Mens Sabre Team (Sean Andrews, Daniel Iliffe, Leo Kershaw-Kostic, Poom Palakawongse)

Junior Mens Sabre Team (Daniel Iliffe, Leo Kershaw-Kostic, Poom Palakawongse, Oscar Shi)

Cadet Mens Sabre Team (Daniel Iliffe, Alex Lette, Tarin Liu, Oscar Shi)

Veteran Womens Epee Individual - Abigail Nutt

Senior Womens Foil Team (Violet Hull, Mayuri Muralidharan, Georgina Barratt, Giorgia Salmas)

Junior Womens Epee Team (Genevieve Gilarski, Nawal O'Neil, Sarah Hardwick, Lily Whitehead)

Veterans Mens Foil Team (Michael Prince, Richard Purdie, Andrey Tyshchenko, David Chachs)

Silver:

Individual Senior Womens Sabre - Veronika Vasileva

Junior Womens Foil Team (Sophia Glasson, Neve O'Neil, Mayuri Muralidharan, Georgette Sweeney)

Veteran Womens Epee Team (Abigail Nutt, Melissa Yeung, Nadine Ferguson, Coraine Sopru)



Gold:

Junior Womens Sabre - Veronika Vasileva

Cadet Womens Sabre - Veronika Vasileva

Veteran Mens Foil - Andrey Tyshchenko

Senior Womens Sabre Team (Gaia Hardge, Thi Nguyen, Veronika Vasileva, Yelin Zou)

Junior Womens Sabre Team (Gaia Hardge, Veronika Vasileva, Yelin Zou)

Cadet Womens Sabre Team (Gaia Hardge, Veronika Vasileva, Yelin Zou)

Veteran Womens Foil Team (Annabelle Ballard, Abigail Nutt, Jenny Bonney-Millett, Carol Bond)

Cadet Mens Sabre - Oscar Shi



A Parafencing Program

On 23 July, we were delighted to welcome Sarah Skidmore from Paralympics Australia to the Fencing Centre to watch our fencers in action. Sarah will be liaising closely with NSWFA as we develop a Parafencing Program. NSWFA applied for a grant to help advance our parafencing, and we are currently awaiting the results.

President Jing Shang and Vice President Duncan Fairweather showed her around and will be working with Sarah to develop the Program with our Paralympic Coach, Adriano Albano.



NEW Finals Piste!

The AFF's High Performance Commission applied for and was awarded funding from the AIS to establish two National Training

Centres (NTC) one at the Duncan Fairweather Fencing Centre in Sydney and the other at the North Melbourne RC in Melbourne.



The Sydney centre has received a new FIE grade finals piste, fencing dummies, new scoring sets, gym equipment and will be receiving a training video review system.

The Melbourne NTC has also received a new gym with equipment, multiple new pistes, a new finals piste, fencing dummies and will have access to the mobile video review system.



Is Your Working with Children Check Up to Date?



Anyone in fencing who is engaged in any activity involving children under the age of 18 must have a valid, up to date Working With Children Check certificate.

This is required by NSW law.

In particular, coaches and regular volunteers working with children must have a WWC clearance.

These certificates last for 5 years and can be obtained and updated here:

<https://www.service.nsw.gov.au/transaction/apply-working-children-check>

If you are paid to provide a service to children, e.g. a coach who accepts money for giving lessons, you'll need the 'Employee' version. It costs about \$80.

If you are a volunteer, choose the 'Volunteer' option. It's free.

Both types involve a National Police Check and a check for any record of reportable conduct.

This can take up to four weeks but is usually much quicker.

Club officials should ensure that any coaches and volunteers regularly working or helping out at their club have a valid WWCC. Clubs should keep a record of WWCC numbers.

Ask them to show you their WWCC certificate.



Is Your Child's Coach WWC Certified?



Parents should also check that their children's coaches have a valid WWCC certificate. Ask them to show you their certificate.

Coaches accredited by the AFF and listed here:

<https://www.ausfencing.org/list-of-accredited-coaches/>

all have valid WWCC certificates.

You can also confirm that your child's coach is WWCC compliant by using 'Check the Check' here:

<https://www.service.nsw.gov.au/transaction/check-working-children-check-status>

Also, please be familiar with the NSWFA Child Safeguarding Policy:

<https://nswfencing.org.au/wp-content/uploads/2021/09/Doc-2-NSWFA-Child-Safeguarding-Policy-Child-Safe-Practices-formatted.pdf>

Coaches should keep their accreditation up to date

Accredited coaches should make sure their accreditation is up to date and their name is on the AFF list of accredited coaches here:

<https://www.ausfencing.org/list-of-accredited-coaches/>

If you have been accredited but your name no longer appears on the AFF list, it's likely because your WWCC or your First Aid Certificate has expired. Or perhaps your General Principles of Coaching qualification has expired.

Please log into the AFF Portal to check your credentials.

PLEASE CHECK



Two Promising Young NSW Fencers Recognised!

The NSW Olympic Committee has rewarded Veronika Vasileva (for fencing) and Zara Temesi (for modern pentathlon) with Junior Athlete grants.

The funding will assist them with their sporting careers.

Congratulations Veronika and Zara.

NSW Junior Athlete Grants

The NSW Junior Athlete Grants aim to provide financial support to emerging athletes to achieve their sporting goals and ambitions.

In 2022, the grants were made possible through legacy funding from the NSW Olympic Council and nominations were called for from NSW State Sporting Organisations.

Following an extensive review of the impressive nominations received, the NSW Olympic Advisory Committee are pleased to congratulate the following successful recipients and we look forward to following their sporting journey.

- | | | | |
|--------------------|----------------|---------------------|-----------------------|
| • Billy Zavetsanos | Swimming NSW | • Noah Milford | Weightlifting NSW |
| • Deana Finka | Judo NSW | • Ruby Drogemuller | Diving NSW |
| • Eryne Karapidis | Wrestling NSW | • Stefanie Fejes | Volleyball NSW |
| • Jade Crook | Basketball NSW | • Veronika Vasileva | NSW Fencing |
| • Keira Will | Cycling NSW | • Zara Temesi | Modern Pentathlon NSW |



A Visit to Hills Athletic and Silversword



Over the weekend of 23-24 July, President Jing Shang visited Hills Athletic Fencing Club and was joined by Vice President Duncan Fairweather in visiting Silversword Fencing Academy.

They listened to parents, coaches, club officials, shared the Association's plan and answered questions.

"Our grassroots clubs are our frontline to boost participation. A vibrant community and healthy and strong clubs are crucial to the future of our sport. We are here to listen, to consult and to support." Jing said.

The Association will continue to engage clubs and looks forward to their next visits.



Calling all Artists!



Hey young fencers,

Here's a chance to show your creativity and help spread the word about how good fencing is for kids.

You can enter an artwork for Children's Week (22-30 October) showing fencing is fun and makes you feel healthy and happy.

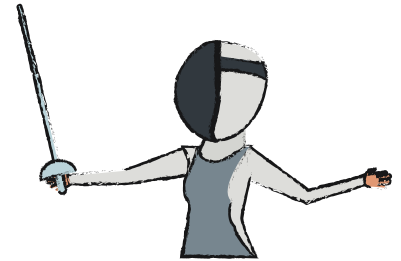
It's open for young people up to the age of 18 and you can submit a drawing, painting, photo, video or digital work. If you do enter, please send your entry to secretary@nswfencing.org.au and we'll post it to Facebook, Instagram, We Chat etc.

Here's where to enter:

<https://www.acyp.nsw.gov.au/nsw-childrens-week-2022-art-competition>



Advance with Her: The Her Sport, Her Way Grant



The NSW Fencing Association has some great news! We have received a grant that runs until the end of 2023 from the Office of Sport's Her Sport Her Way program.

We will be offering pathways for female fencers to become accredited referees and / or accredited coaches.

Applicants must be NSWFA Members. If they are not a member, it's very easy to join. Please have them register for Junior or Senior Affiliated Membership here:

<https://www.registernow.com.au/secure/Register.aspx?E=45869>

We are very excited about this amazing opportunity, so please encourage your girls and women to apply to this limited time opportunity.

Sessions begin on Saturday, October 15.

Application link for Coaching and / or Referee Courses:

<https://forms.gle/3MthrU25JZQ6qDKQ9>



FLASHBACK!



July 2015

NSW fencing legend Frank Bartolillo presents the overall points trophy named after him to NSW fencers at the 2015 Australian Under 15 Championships at Marrickville PCYC. It was the first time the cup was presented and NSW fencers have held onto it firmly ever since.




NSWFA PROUDLY PRESENTS

INT'L EPEE CAMP REGISTRATION OPEN!

Experience...
Itali...
(re)

LATE FEE WAIVED!



Daniele Pantoni
Italian National Coach

Valerio Cuomo
FIE World Cup Gold Medalist

Youth Training Camp
10 Sept 9:30-12:30
11 Sept 9:30-15:30

Squad Training
8 & 15 September 2022

Free Coaching Clinic

Pls contact: simon.capon@nswfencing.org.au



SUNDAY 4TH SEPTEMBER

2022 VOLKER HROVAT EPEE CUP

NSW State Mini Series #4 - Epee Competition Day

NSW Fencing Association is proud to present the first 2022 Volker Hrovat Epee Cup. This the first in a series of individual Mini Weapon Days, for Epee, Foil and Sabre

All things Epee for
U14, U12, U10 & U8 Fencers
- Individual Competition

Fencer's will require 2022 Junior Registered or Affiliation
Competition will be held at the NSW Duncan Fairweather Fencing
Centre in Alexandria

Entry Link:

<https://www.registernow.com.au/secure/Register.aspx?E=47911>

Sunday 4th
September

2022 Volker
Hrovat
Epee Cup

U14

U12

U10

U8

Individual Epee

NSW Fencing
Association

2022

Fencers must be
Junior Registered or

Affiliated



2022 REGIONAL FENCER'S OPEN DAY – WORKSHOP

The 2022 NSWFA Regional Fencer's Workshop is a Free introductory & development program for NSW Regional Fencer's.

This open day workshop is designed for Regional Fencer's of all levels to come and participate from the age of 12 to 17 in their weapon of choice – Epee, Foil or Sabre. It will be followed by the NSWFA **2022 State Cadet (U17) Club Teams Championships**

- All Weapon Workshop 9:30 to 12:00pm
- 2022 NSW Cadet Club Teams 1:00pm

The Workshop is Free, but we ask Fencers to be members of NSWFA for 2022 and to Register. Club's will need to register Club Teams for the Championships

Venue address
NSW Fencing Centre
Building 2, Level 1
190 Bourke Road, Alexandria

Workshop registration link:

<https://www.registernow.com.au/secure/Register.aspx?E=47531>

Club Teams Entry:

<https://www.registernow.com.au/secure/Register.aspx?E=47532>

Sunday 18th September

Fencing Workshop
Epee, Foil & Sabre

PLUS

2022 NSW Club Cadet
(U17) Teams
Championships

NSW Fencing
Association

2022



20TH, 22ND & 23RD SEPTEMBER
**2022 F1 OPEN CIRCUIT -
FINALS**

NSW State Open Competition Circuit (3 out of 3)

Tuesday 20th Sept – Open Foil
Thursday 22nd Sept – Open Epee
Friday 23rd Sept – Open Sabre

Competition will start at 6:00pm during NSW State Squads

Fencers require NSWFA 2022 Junior & Senior Affiliation
Fencers 12 + require to be fully vaccinated and will need to provide a certificate

Entry Link:

<https://www.registernow.com.au/secure/Register.aspx?E=47746>

Tuesday 20th Sept

Open Foil

6:00pm

Thursday 22nd Sept

Open Epee

6:00pm

Friday 23rd Sept

Open Sabre

6:00pm

NSW

Fencing Association

2022



2022 NSW GIRL'S & WOMEN'S SABRE WORKSHOPS

State Girl's & Women's Sabre Workshops - 2022

NSW Fencing Association will be running Sunday Sabre Workshops for Women's and Girl's Sabre development. The workshops will focus on agility, coordination and speed drills. Technical and tactical Fencing "game" through footwork, structured bouting, video analysis session and competitive Fencing.

Register for the workshops is **FREE**

Workshop #2
Sunday 25th September 2022
Suitable for
2016 – 2008 & 2007 + Open

Registration Link:

<https://www.registernow.com.au/secure/Register.aspx?E=46996>

Sunday

19th June

10:00 – 4:30

Sunday

25th September

10:00 – 4:30

Bring Lunch and
Drinks / Fencing
Equipment with you

2016 – Open Fencers

**Fencers must be members
of NSW Fencing
Association for 2022**

**The Workshop is FREE, but
Fencers must register**



26TH TO 27TH SEPTEMBER 2022

2022 Sabre – Spring Training Camp

September School Holiday Program

This NSW Fencing Association Camp is suitable for Fencers of all ages and levels, including complete beginners. From the age of 7+ to Junior (U20) Sabre Fencers

Fencers must be 2022 Junior Registered or Junior Affiliated Members of NSW Fencing Association to be able to register.

The Camp will include; agility, speed and coordination exercises, footwork, technical and tactical drills, Fencing lessons and lots of Fencing

Daily sessions 9:30am – 3:30pm
\$90 – 1 day \$170 – 2 days

Perfect School Holiday program and Sabre Development, getting ready for the remainder of the Fencing season.

Fencers must bring any and all Fencing equipment, packed lunch and drinks. Wear suitable clothing for fitness training and warm up.

Registration Link:

<https://www.registernow.com.au/secure/Register.aspx?E=47745>

26th to 27th
September

2 Days Sabre
Camp

ALL Levels

Complete
Beginners to State
Squad Fencer

U8 – U14

U15 – Cadet &
Junior
Sabre

9:30 – 3:30 Daily

NSW Fencing
Association

Building 2, Level 1

190 Bourke Road

Alexandria

2022 Junior Registered or
Junior Affiliation



28TH – 30TH SEPTEMBER

NSW SPRING SCHOOL HOLIDAY FOIL & EPEE FENCING CAMP

This NSW Fencing Association Holiday Fencing Camp is suitable for School Fencers of all ages and levels, including complete beginners.

From the age of 8 + to 14

- Fencers must be 2022 Junior Registered or Junior Affiliated
- The Camp will include; games, agility, speed and coordination exercises, fencing footwork, technical and tactical drills, group lessons, plus lots of Fencing

Daily sessions 9:30am – 3:30pm

\$90 – 1 day \$170 – 2 days \$250 – 3 days

Registration Link:

<https://www.registernow.com.au/secure/Register.aspx?E=47744>



9:30am -3:30pm
Drop off from 9am

Weapon – Foil &
Epee for School &
Beginners

Beginners &
Intermediate
(suitable for little
Fencers from 8+)

Bring water, lunch,
and your equipment
if you have any or
else it will be
provided

Includes coaching
and electric fencing

NSWFC
Building 2
190 Bourke Rd.
Alexandria 2015

www.nswfencing.org.au



SUNDAY 9TH OCTOBER

2022 ANGELO SANT'ANGELO FOIL CUP

NSW State Mini Series #4 - Foil Competition Day

NSW Fencing Association is proud to present the first 2022 Angelo Sant'Angelo. This the second in a series of individual Mini Weapon Days, for Epee, Foil and Sabre

**All things Foil for
U14, U12, U10 & U8 Fencers
– Individual Competition**

Fencer's will require 2022 Junior Registered or Affiliation
Competition will be held at the NSW Duncan Fairweather Fencing Centre
in Alexandria

Entry Link:

<https://www.registernow.com.au/secure/Register.aspx?E=47912>

Sunday 9th October

2022 Angelo
Sant'Angelo Foil
Cup

U14

U12

U10

U8

Individual Foil

NSW Fencing Association

2022

Fencers must be Junior
Registered or

Affiliated



2022 NORSE BEACH SABRE CHAMPIONSHIPS

SATURDY 22ND & SUNDAY 23RD OCTOBER

The 10th Annual Norse Beach Sabre Championships

The Norse Beach Sabre Championships is back!!
This year Norse Beach will be held at the NSW Duncan Fairweather Fencing Centre

Saturday – SABRE Workshop + “Friendly Teams”
Sunday – Norse Beach Sabre Championships

U8, U10, U12 & U14 Sabre
Hope to see you all there!!

Entry Link:

<https://www.registernow.com.au/secure/Register.aspx?E=47899>



Sunday 23rd October

Individual Sabre

U8 Sabre

U10 Sabre

U12 Sabre

U14 Sabre

Venue:

NSW Fencing Centre

190 Bourke Road

Alexandria

Interstate Fencers
welcome to join
Training

Friday State Sabre
Squads

&

Saturday –

“Sabre Workshop”
AcademyNSW